



Clubhouses in Finland & Finnish Clubhouse Coalition



SUOMEN
KLUBITALOT

What is a Clubhouse?

- **The Clubhouse Model** of Psychosocial Rehabilitation is a comprehensive and dynamic, **non-clinical** program of support and opportunities
- Focuses on the **strengths and recovery** of the individual, rather than their illness
- A unique **working community** where members and staff work as **colleagues**
- **Membership** is voluntary, without time limits and free of charge

What is a Work-Ordered Day?

- The daily activity of a Clubhouse is organized around a structured system known as the **work-ordered day** which means the **daily tasks of Clubhouse operation**
- It meets the workplace structure of a regular workplace with **business hours and breaks**
- Members of the Clubhouse **decide for themselves** the tasks they are involved in and the people they work with

Clubhouses:

- Provide their members with empowering opportunities to return to paid employment in **integrated work settings** through **Transitional, Supported and Independent Employment programs**
- Offer **educational opportunities** and **support** for members to complete or start certificate and degree programs
- Help their members to reach their **individual goals**

History

- The Clubhouse model originated in the **United States, New York**, where a number of patients from a mental hospital in **1944** decided to meet regularly. The group called themselves **WANA = we are not alone**
- The first Clubhouse, **Fountain House**, was established in Manhattan, New York, which is there to this day
- Finland's first Clubhouse, **Näsinkulman Klubitalo**, was opened in **1995** and continues to operate

Current status in figures

- There are about **320 Clubhouses** in the world
- There are **23 Clubhouses in Finland** of which **10** are accredited
- There are some **6,000 members** in Finnish Clubhouses, of which some **3,500 members** are active members



Finnish Clubhouse Coalition

- In **1998**, a conference of European Clubhouses was organized in Naantali and **Suomen Fountain House – Klubitalojen verkostoyhdistys ry** was founded
- Today, this association is called **the Finnish Clubhouse Coalition** (Suomen Klubitalot ry)
- The association has **two full-time employees**
- The board of the Finnish Clubhouse Coalition, the project steering group, Strategy & Quality Team and Communications & Digital Solutions Team are each an important part of the association's work

What does the Finnish Clubhouse Coalition do?

- **Represents** the Finnish Clubhouse network nationwide and internationally
- **Advocacy and communication**
- **Develops** Clubhouse operations and strategies together with the Clubhouses
- **Supports** individual Clubhouses in the ways they need
- **Organizes** training according to the needs of the Clubhouses

A decorative border of various blue houses with orange windows and doors, arranged in a vertical line along the left and right edges of the page.

Find out more about Finnish Clubhouses:

www.suomenklubitalot.fi